

Volume **5.1**

Newsletter Date  
20 February 2006

# Newsletter



## Welcome to 2006– where we have Hockey for everyone at all skill levels

The Pine Rivers In-Line Hockey Club welcomes all new families to our club. We also welcome back all our returning members. We are the largest club in South-east Queensland because of your support and we are growing stronger each year with more parents involved in helping with running in-house. Please take the opportunity to say hello and introduce yourself to all our new families:

**Harry Barrett** in Junior Warriors, parents Andy and Jackie

**Sharna Broad** in Junior Warriors, parents Noel and Helen

**James Casserly** in Intermediate Titans, parents Kevin and Paula

**Cameron Hockey** in Intermediate Hawks, parents Robert and Julie

**Dustin and Joel Howley** in Intermediate Vikings and Hawks respectively, parents Gavan and Helen

**Lachlan Kuhr** in Junior Vikings, parents Lloyd and Carmel

**Brenton leFaucher** in Senior Hawks

**Samantha Margetts** in Senior Warriors

**Ben Medlin** in Junior Vikings, parents Brendan and Danielle

**Daniel Mionnet** in Intermediate Vikings, parents Keith and Teri

**Aidan and Kiana Myers** in Junior Titans and Junior Warriors respectively, parents Grant and Rebecca

**Tristan Painter** in Junior Titans, parents Greg and Debbie

**Andrew Risk** in Intermediate Warriors, parents Kenton and Sue

**Shaun Roberts** in Senior Hawks

**Zac Stone** in Intermediate Vikings, parents Ross and Carolyn

**Ryan Wahanga** in Intermediate Warriors, parents Bill and Glenda

**Kevin Warr** in Senior Titans

**Ben Wockner** in Intermediate Titans, parents Brett and Jan

**Lachlan Young** in Junior Hawks, parents Troy and Kymberly

The In-House Coordinators, Brad Martin and Karen Tonkin, are on the front desk if you have any questions. Other volunteer parents running around are Kerry Scanlan, Dave Roberts, Vivian Thelander.

**SKATEAWAY wishes to remind all parents that self-catering is not allowed at the rink.**

**Food and drink purchased from outside the rink is not allowed, eg. Coffee, etc.**

**Thank you for your cooperation.**

Produced by: Pine Rivers In-Line Hockey Club Inc.

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Ph: 3325 1711

DRAGONS  
**PINE RIVERS**



# DRAGONS ROSTER 2006



## **Under 10 Division \*\*\* Team Manager - Kerry Scanlan**

Hayden ANDERSON (Alt Captain)  
Chris MARTIN (Alt Captain)  
Danielle ROBERTS (Captain)  
Nick SCANLAN (Goal)  
Josh SHEFFIELD  
Katherine THELANDER  
Thomas STEVEN  
James WOODFORD

## **Under 12 Division \*\*\*\* Team Manager Joanne Van Homrigh**

Tyler DRINNEN (Alt Captain)  
Mitchell HOCKEY  
Jonty LOGAN (Alt Captain)  
Jordan SHEFFIELD  
Mitchell VAN HOMRIGH (Captain)  
Lauren WADDY (Goal)

## **Under 14 Division \*\*\*\* Team Manager Wayne Jones**

Dylan BRISCOE  
Dale COOK (Captain)  
Tim EAGLE  
Joe EGGLEFIELD (Alt Captain)  
Daniel HALLIWELL (Goal 2)  
Alex JONES (Goal 1)  
Jayden LOGAN  
Myles MENGEL  
Nick RAFTOPOULOS (Alt Captain)

## **Under 16 Division \*\*\*\* Team Manager Peter Andersen**

Preston ANDERSEN (Captain)  
Guy EVERDELL  
Chris FLOWER (Goal)  
Alex HALL  
Daryl LOGAN  
Chris "Semi-Goth" NOWOSAD  
Mitchell ROBERTS (Alt Captain)  
James THELANDER (Alt Captain)  
Kurt VON GUILLEAUME

## T ips for Parents

With QILHA CUP and in-house games about to begin, here a few timely tips for parents and players:

Stay in control. While everyone wants their children to perform well and beat the other team, it is important for you to stay in control of your emotions and keep the sport participation experience in perspective. Your child looks to you as a role model of appropriate behaviour and how to maturely handle emotions.

Remember why you are there and why they are playing. Through sport participation, children often learn and practice important life lessons. Your son or daughter can develop physical fitness, emotional maturity and a healthy lifestyle by playing competitive sports. They can also learn to overcome individual and team challenges, work as a member of a team, and make a personal commitment to being the best they can be. These lessons are often more important than whether your child's team wins or loses.

Sometimes it's better to listen. Your children may not always want (or need) to hear what you think of their puckhandling, but they will always need your support and encouragement for their competitive efforts. Sometimes, this means simply listening after a bad performance or a losing game instead of saying anything.

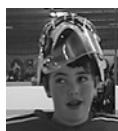
*Gordon A. Bloom, Ph.D.  
Dept. of Physical Education  
McGill University*

# Dragons players represent Queensland at upcoming Nationals

Congratulations to 13 of our Dragons who have been selected to play/coach for Queensland at the Australian In-Line Hockey Nationals in Melbourne at easter. With Dragons training, state training, Monday night hockey and the weekend tournament, they have a heavy hockey schedule which can only make them fitter, stronger, faster and well-honed. All the best for the Nationals!!



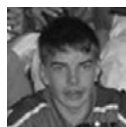
Mitchell Van Homrigh U12



Alex Jones U14



Dale Cook U14



Joe Eggesfield U14



Nick Raftopoulos U14



Angela Stokes Qld Ladies



Preston Andersen U16



Chris Flower U16



James Thelander U16



Guy Everdell U16



Stewart Crombie U18



Andrew Thelander U18



Dave Roberts Qld Ladies Team Head Coach

## The Pine Rivers In-Line Club proudly supports our Sponsors:



Financial Planning, Risk Insurance, Wealth Creation  
Do you need advice or have a question?

Contact: Russell Van Homrigh, a Representative of Russell Van Homrigh Financial Services Pty Ltd a Corporate Authorised Representative of Millennium3 Financial Services Pty Ltd ABN 61 094 529 987 AFSL no 244252 with any queries you may have on existing financial matters or planning for the future.

PH: 3351 1800, Email: [Russell@rvhfs.com.au](mailto:Russell@rvhfs.com.au)



\*\*\*\*\*  
★  
★ REMINDER —All club members and parents are reminded to check the club  
★ noticeboard at Skateaway for latest notifications and information on club events  
★ and announcements, including sign-on day 2004. Otherwise email your latest  
★ email address to [prdragons@hotmail.com](mailto:prdragons@hotmail.com)  
★  
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# INTRODUCING PARENTS TO IN-HOUSE HOCKEY

## HOCKEY: THE GAME

Inline hockey is played in an area known as a "rink". In-House game is played in two periods of 12 minutes (Junior) and 14 minutes (Intermediates and Senior) for each period. The sport involves four basic skills: skating, passing, stickhandling and shooting. These skills can be learned at any age, and the good hockey player continually works to improve and refine his or her skills. Physical size is not an important factor in becoming a skilled and successful hockey player. Every player has an opportunity to be a part of the action given the speed of the game, the number of players on a team and the size of the surface upon which the game is played.

## THE FOUR BASIC SKILLS OF HOCKEY

**Skating** is the skill that makes hockey unique and it is something that players at all levels of the sport continually strive to improve. Without adequate skating ability, players are less able to perform the other essential skills of the sport. Getting as much skating practise at home and at skate sessions at Albany Creek Skateaway regularly is the most effective way to improve skating skills.

**Stickhandling** is perhaps the most difficult of the basic skills to master. It allows a skilled player to maneuver around opponents and create better offensive opportunities. In the next newsletter we will provide you with stickhandling drills which you can practise at home.

**Passing** is what makes hockey a true team sport and helps make the game fun. Passing gets everyone on the rink involved in the action and turns scoring into a team effort. Helping teammates experience success is what the game is all about, and passing allows the thrill of scoring to be shared. Players have to learn to look up for teammates and hit the puck towards their teammate.

**Shooting** is the end result of an offensive team play and is the action that produces a goal. Many players spend most of their time practicing shooting because they believe scoring is the most fun. Players should, however, place an equal emphasis on the other basic skills of hockey, given the fact most players generally take fewer than six shots in an entire game.

## Players selected to represent Pine Hockey

Several Pine Rivers Dragons players in the Queensland In-Line Hockey Cup, several players from the Pine Rivers Dragons have been selected to represent Australia in the upcoming World In-Line Cup. Several countries will make up over 85 teams which will compete on the Gold Coast in July 2006. Teams include United States, Canada, Great Britain, New Zealand, Singapore, Hong Kong and Taiwan in age groups from under 10 to Senior Mens. It will be an exciting event of elite level in-line hockey featuring the best in-line hockey teams in the world.

Pine Rivers Dragons players, Chris Martin, Dannielle Roberts, Hayden Anderson and Hayden Anderson have been selected in the Under 10 age group.

Chris Martin and Hayden Anderson started playing in the in-house league with the Pine Rivers Dragons all last year. They were both excited to be picked.

Several other players in older age groups have been selected for the World In-Line Cup. They are Mitchell Van Homrigh, Dale Cook, Alex Jones, Nick Raftopoulos, Preston and James Thelander.

